

How to find your correct size

It is very important that you take a few moments to read through the following instructions.

Unfortunately there are NO REFUNDS OR EXCHANGES of custom decorated uniforms if you have ordered an incorrect size. Exchanges of uniforms that have not been decorated will attract a restocking fee.

Finding your correct size is fairly straight forward. Most of the catalogues we provide will detail some sort of sizing information. If the range has the same size / fit throughout then the sizing information will generally be on the front or back pages. If the fits vary throughout the range then the sizing will be shown on each page along side the actual garment. The sizing on our website and in the catalogues is generally provided in one of 2 ways either, as the Half Chest or as a Body Measurement. Please read below to make sure you are using the correct measuring method.

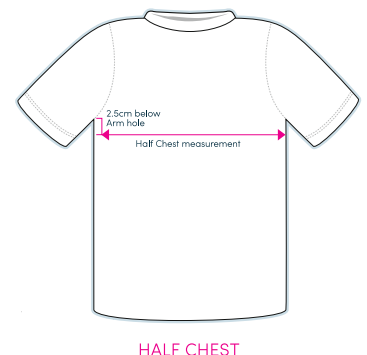
Unless you have worn the particular brand of garment before please do not "assume" your size. All brands whether sold as uniforms or in retail stores are all sized and made differently. Just because you are one size in one brand does not mean you will be that size in another.

The country of manufacture has no bearing on the size and fit of the garment as the factories who manufacture the garments are simply following the patterns provided to them by the designer. A designer will grade their sizing smaller or larger depending on their target demographic.

Uniforms are graded to fit a broad range of sizes from very small to very large. Retail brands do not generally cover such a wide range of sizes within a single brand as they are designed to target a smaller demographic. With that in mind you may find that you may need a smaller or larger size in a uniform brand then you might generally purchase in a retail store.

The half chest measurement

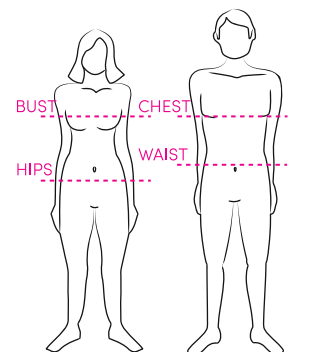
1. Find an equivalent style garment that you currently wear and feel comfortable in. ie if you are trying to find your size for a business shirt don't use a tee shirt or jacket use a business shirt.
2. Make sure it is not too tight or too loose and that you are happy with the fit.
3. Lay the garment out flat on the floor or on a table and measure from side to side 2.5cm under the arm pit.
4. This measurement is referred to as the half chest measurement.
5. Look at the size guide and find the measurement that is closest to yours. This will then tell you what size you are, based on the cut of that garment. If you are between sizes it is usually best to go for the larger option.



HALF CHEST

Actual body measurements

1. You will need a flexible tape measure. Measuring is best done by someone else to ensure accuracy.
2. Usually only the Chest/Bust measurement is provided. Refer to the chart (left) for the various positions of measurement.
3. Wrap the tape measure around you keeping it firm, not too loose and not too tight. Don't add extra cm's "just to be safe" the measurement is the measurement.
4. Compare your measurements to the chart listed on the garment style sheet to determine your size. If you are between sizes it's usually best to go for the larger option.



MEASUREMENT BODY POSITIONS

**Please be mindfull of the measurement scale ie do the measurments use cm's or inches.
Make sure your tape measure is using the same measurment scale.**